### Frequently Asked Questions



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FIND OUT WHAT OTHERS ARE ASKING ABOUT DETOXING?

WHY SHOULD I DETOX?
HOW DO I REMOVE TOXINS?

WHY IT'S IMPORTANT TO REMOVE HEAVY METALS!

ARE THERE ANY SIDE EFFECTS?
HOW DO I DETOX?

IS IT SAFE FOR ME & MY FAMILY?

CAN YOU SHOW ME THE SCIENCE & BENEFITS BEHIND DETOXING?



#### WHAT IS PURE BODY EXTRA (PBX)

Pure Body Extra is a natural way to detoxify your body of harmful heavy metals and toxins. Our breakthrough processes created a hydrated zeolite from whole Clinoptilolite Zeolite and pure water, and it is safe and gentle enough for everyday use.

HOW DO I USE PURE BODY EXTRA (PBX)

Pure Body Extra's nanosized natural zeolite is delivered in a convenient, easy-to-use spray. To provide a continuous detox to a cellular level, take four sprays, three times per day in the mouth, then swallow.

Pure Body Extra can be taken with or without food. While taking the product, increase water intake to support detoxification. When not in use, you can store Pure Body Extra in a cool, dry place. No refrigeration is necessary.

CAN CHILDREN USE PURE BODY EXTRA? (PBX)

Yes. The zeolite Clinoptilolite has been granted GRAS (Generally Recognized As Safe) status by the FDA. **The serving size of four sprays, three times a day, is based on an adult's size, so reduce the serving according to your child's size.** An excellent place to start for younger children is one spray a day, increasing to 1 spray three times a day. For school-age children, consider two sprays three times a day. Increasing water intake supports the natural detoxification process.



### HOW DOES ZEOLITE WORK?

The porous nature of the zeolite "cage" and its negative charge allows for the selective exchange of positively-charged toxins.

Inside each zeolite are positively charged exchangeable (lighter) metals known as cations, usually calcium, magnesium, sodium, and potassium.

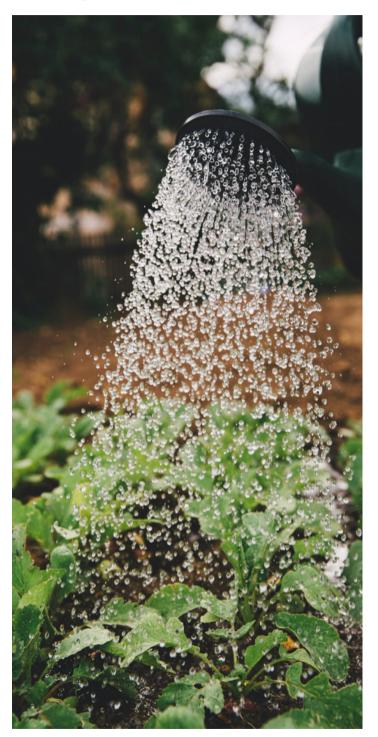
These ions are only loosely held and can be readily displaced by other substances, such as toxic heavy metals or other organics, in a process called a cationic exchange.

Zeolites prefer heavy metals due to the positive charge and fit within the zeolite cage, then to be eliminated.

### WHAT TOXINS CAN ZEOLITE REMOVE?

The **Zeolite Clinoptilolite** helps remove heavy metals and positively-charged toxins:

- Aluminum
- Lead
- Mercury
- Cadmium
- Arsenic
- Radioactive Metals
- Benzene
- Pesticides
- Herbicides
- Nitrosamines
- Bisphenol-A
- Toulene



CAN I TAKE PURE BODY EXTRA (PBX) WITH MY SUPPLEMENTS?

**Yes!** Whole food supplements are fully bioavailable to the body.

\* (unlike synthetics or isolates, which can create a weak positive charge) and will not be captured by the zeolite in any way.

WHAT ARE THE HEALTH BENEFITS OF ZEOLITE? (PBX)

As heavy metals and toxins are removed, the body can function at an optimal level.

Through supporting the immune system, trapping free radicals, and helping to balance the body's pH, you may find you have improved energy levels, a more restful sleep, improved focus and clarity, and an overall sense of well-being.\*

As a natural mineral, zeolites are not drugs. As a dietary supplement, Pure Body Extra is not intended to diagnose, treat, cure or prevent any disease.

WHAT ARE THE INGREDIENTS IN PURE BODY EXTRA? (PBX)

There are just two-

Clinoptilolite (zeolite) and pure water.

Pure Body Extra is preservative-free, gluten-free, non-GMO, and is all-natural.



HOW LONG DOES ZEOLITE, PURE BODY EXTRA (PBX) STAY IN THE BODY?

Once consumed, the zeolite Clinoptilolite immediately encounters toxins and, through cationic exchange, captures and traps toxins both within and on its zeolite cages. **Zeolite is not stored in the body.** 

The zeolite will stay active in the body for a period of approximately 4 to 6 hours before being excreted through normal bodily processes.

Given its short time frame in the body, the suggested serving of Pure Body Extra is three times a day for optimal detoxification.

WHAT IS ZEOLITE, PURE BODY EXTRA? (PBX)

Zeolites are a class of minerals formed by the chemical reaction of volcanic ash with seawater.

They have a three-dimensional crystalline structure of open pores or channels that looks like a honeycomb (or cage) and are one of the few negatively-charged minerals in nature. There are over 40 natural zeolites and as many as 150 synthetic zeolites used today.

WHY IS ONLY
CLINOPTILOLITE
THE ZEOLITE
USED IN PURE
BODY FXTRA?

Clinoptilolite has been widely studied for efficacy and safety, with over 300 papers posted on the National Institutes of Health website (PubMed.org).

Other zeolites have not been studied, and while most types of zeolite are inert (like ours), some can be toxic.



ARE THERE ANY
SIDE EFFECTS IN
TAKING ZEOLITE,
PURE BODY
EXTRA? (PBX)

**The zeolite Clinoptilolite** has been granted GRAS (Generally Recognized As Safe) status by the Food and Drug Administration.

Since zeolites will attract water to facilitate the detoxification process, adequate filtered water intake is suggested (8 to 10 glasses a day).

If any signs of dehydration appear (headaches, tiredness), increase your water intake and reduce your zeolite intake for that day.

DO ZEOLITES
REMOVE THE
GOOD MINERALS
IN ADDITION THE
BAD HEAVY
METALS?

No, zeolites only have an affinity for heavy metals and toxins. Clinoptilolite is a rare negatively-charged mineral.

Most toxins and heavy metals are positively-charged. Like a magnet, the zeolite attracts and then traps positively-charged toxins before passing through the body.

What makes zeolite so special is that it is highly selective and ONLY takes out toxins.

During our proprietary cleansing process, the zeolite is filled with minerals such as calcium, magnesium, and potassium. When it takes in a "bad" ion such as lead, it gives back a "good" ion such as calcium to the body. That means there is NO mineral depletion.



CAN I TAKE BOTH
OF THE PURE
BODY EXTRA
PRODUCTS?
(SPRAY & DROPS)

Yes. Pure Body drops benefit from detoxifying the digestive tract and can be taken in conjunction with Pure Body Extra, which provides a systemic detox.

Together, they provide whole-body detoxification.

WHAT IS PURE BODY?

Pure Body is a natural way to detoxify your body of harmful heavy metals and toxins. It is gentle enough for everyday use with a concentrated liquid suspension of clinoptilolite zeolite and pure water.

HOW DO I USE THE PURE BODY DROPS?

Pure Body's natural zeolite bottle comes with a convenient, easy-to-use dropper.

To provide a continuous detox for the gut and body, take four drops three times per day in the mouth or your favorite beverage, then swallow.

Pure Body can be taken with or without food. While taking the product, increase water intake to support detoxification.

When not in use, you can store Pure Body in a cool, dry place, and no refrigeration is necessary.



#### HOW LONG CAN I TAKE PURE BODY EXTRA? (PBX)

**Zeolite** is not stored in the body, passing through the excretory system (via urine) within 4 to 6 hours.

**Natural Clinoptilolite** is safe for longterm, daily use and has been granted GRAS (Generally Recognized As Safe) status by the FDA.

Given that we are **exposed to heavy metals and toxins every day** through the air we breathe, the food we eat, and the water we drink, **continuous use is recommended to help offset ongoing toxic exposure.** 

HOW IS PURE BODY EXTRA (PBX) ABSORBED IN THE BODY?

When properly sized, Zeolite is absorbed through the small intestine. Most other zeolite supplements have a minimal percentage of sub-micron particles, so the majority goes to the large intestine for a limited detox effect.

**Pure Body Extra** undergoes a proprietary process to create a particle size in the nanometer range. It is fully absorbed into the bloodstream and travels with water throughout the body.

CAN PETS USE PURE BODY EXTRA? (PBX) All animals can benefit from the Pure Body Extra, Zeolite Clinoptilolite. Since pets are often directly exposed to heavy metals and toxins on pavements or pesticidetreated lawns, they can benefit from detoxification. Spray in their mouth.

#### 5 BIG HEALTH BENEFITS OF ZEOLITE



#### MASTER DETOXIFIER

Zeilote is the only substance globally that can effectively cleanse a wide range of toxins, thanks to the unique crystalline structure and cation exchange capacity. It acts like a magnet, with each negatively-charged zeolite particle removing positively-charged toxins from the body.

#### ALKALIZES THE BODY

Another benefit of Zeolite is its ability to help the body balance pH levels.

The Zeolite gives the body an alkalizing mineral through the ionic exchange while also trapping and removing a toxin, supporting optimal kidney health.

### STRENGTHENS IMMUNITY

Heavy metals can suppress your immune system, making your body vulnerable to pathogens and all manner of health issues.

Since Zeolite traps and removes heavy metals, your natural immunity is supported and can function at its best.

SUPPORTS A HEALTHY GUT

A leaky gut allows toxins and microbes to leak into the bloodstream, triggering fatigue and a weakened immune system.

One study found that just 12 weeks of zeolite supplementation can significantly increase the integrity of the intestinal wall, supporting a healthy gut.

#### 5 BIG HEALTH BENEFITS OF ZEOLITE



#### MAY IMPROVE MOOD

When heavy metals such as lead and mercury accumulate in the body, they can also negatively affect your mood.

By helping to reduce heavy metals, zeolite can support a positive mood.

COMMON SIGNS OF CHRONIC HEAVY METAL TOXICITY

- CHRONIC FATIGUE
- DIGESTIVE DISCOMFORT
- BRAIN FOG
- IMMUNE ISSUES
- HEADACHES
- ACHY JOINTS
- SKIN RASHES



Detoxing is not as difficult as you think.

If this resonates with you, you're worried about heavy metals and toxins disrupting your immune system, exacerbating chronic illness, and leading to premature aging.

Detoxing is key to being your best-jana